

LIGHTEN YOUR LOAD

Letting Go of Heavy Loads and Releasing Them to Jesus
A Message Series Based on Psalm 23



In this series, we will discover in new ways what it means to have real freedom in Jesus Christ. As we walk phrase by phrase through Psalm 23, we will be asking God to show us personal baggage that we are holding on to and to show us how He can help us lighten our load by surrendering these burdens to Him!

LETTING GO OF THE BURDEN OF...SELF-RELIANCE

(November 18th)

“The Lord is my Shepherd...”

LETTING GO OF THE BURDEN OF...INGRATITUDE

(November 21st—Thanksgiving Eve)

“...I shall not want.”

LETTING GO OF THE BURDEN OF...WORRY *(November 25th)*

“He makes me to lie down in green pastures; He leads me beside quiet waters, He restores my soul.”

LETTING GO OF THE BURDEN OF...GUILT *(December 2nd)*

“He guides me in the paths of righteousness for His name’s sake.”

LETTING GO OF THE BURDEN OF...DEATH *(December 9th)*

“Even though I walk through the valley of the shadow of death...”

LETTING GO OF THE BURDEN OF...FEAR *(December 16th)*

“...I will fear no evil for You are with me; Your rod and Your staff, they comfort me.”

LETTING GO OF THE BURDEN OF...DISAPPOINTMENT

(December 23rd)

“You prepare a table before me in the presence of my enemies. You anoint my head with oil, my cup overflows.”

LETTING GO OF THE BURDEN OF...HOMESICKNESS

(December 30th)

“Surely goodness and mercy will follow me all the days of my life, and I will dwell in the house of the Lord forever.”

LETTING GO OF THE BURDEN OF... SELF-RELIANCE

“The Lord is my Shepherd...”

November 18, 2007

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INTRODUCTION

Matthew 11:28 (NLT)

Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.

I. THE TWENTY THIRD PSALM

In Your Bible:

Psalm 23

Lightening Your Load:

*Trusting God with Burdens You Were Never Intended to Bear
So That You Might Entrust Those Burdens to Him*

II. WHY IT'S SO IMPORTANT TO LIGHTEN YOUR LOAD

1 Peter 5:6-7 (JB)

Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Unload all your worries onto him, since He is looking after you.

III. THE MOST IMPORTANT HEAVY LOAD TO LIGHTEN AND LET GO OF: _____

In Your Bible:
Psalm 23:1a

One Word to Describe Sheep:

Isaiah 53:6
We have all wandered away like sheep; **each of us has gone his own way.**

Sheep Are:

1. D _____

2. D _____

3. D _____

IV. YOU NEED A GOOD SHEPHERD!

John 10:10b-11

I have come that they may have life, and have it to the full. 11 I am the good shepherd. The good shepherd lays down his life for the sheep.

CONCLUSION