

RESTORING BALANCE TO OVERLOADED LIVES

Enjoying God's Reign by Releasing Heavy Loads

RESOLVING TO SLOW DOWN

Defusing the Effects of a Hurried Lifestyle

(April 26th)

REBUILDING MARGINS INTO YOUR LIFE

Benefiting from Adding Margin into Your Life

(May 3rd)

REFILLING YOUR EMOTIONAL RESERVIOR

Writing Biblical Prescriptions for Depleted Emotional Resources

(May 10th)

RENOUNCING LIES THAT KEEP YOU BUSY

Telling Yourself the Truth About Overdoing It

(May 17th)

FLAG OF MY FATHER

A Memorial Day Message and Choir Cantata *(May 24th)*

REFOCUSING YOUR LIFE

Discovering Pentecost's Purpose to Restoring Margins

(May 31st)

REWORKING YOUR WORK

Making Your Work Work for You

(June 7th)

REFUELING YOUR SOUL

Being Filled with the Fullness of Christ's Love and Power

(June 14th)

RESPECTING YOUR BODY

Taking Good Care of God's Gift to You

(June 21st)

RENOUNCING LIES THAT KEEP YOU BUSY

Telling Yourself the Truth About Overdoing It

May 17, 2009

SW304

INTRODUCTION

I. R_____ THE LIES THAT KEEP YOU BUSY

- *One more thing won't _____!*
- *It's just a busy _____ I'm in right now!*
- *This is really _____!*
- *My work is my _____!*

The Biggest Lie of All:

_____ is _____!

The Better Truth of the Lord of All:

Busy isn't Better—Choosing the Better is Better!

In Your Bible:

Luke 10:38-42

(Page 1028 in the Pew Bible)

II. **R**_____ **THE PATTERN OF BUSYNESS**

A. Step 1: Good _____ (v. 38)

B. Step 2: Derailing _____ (v. 40a)

C. Step 3: Pressure and _____ (v. 40b)

D. Step 4: Resulting _____ (v. 40c)

To Summarize this Text:

Busy isn't Better—Choosing the Better is Better!

III. **R**_____ **TO CHOOSE THE BETTER**

In Your Bible:
Verses 41-42
Verse 39

How to Have a Mary Heart in a Martha World:

A. _____ the _____

B. _____ the _____

C. _____ the _____

CONCLUSION

Remember:

Every "Yes" is a "No" to Something Else