

## RESTORING BALANCE TO OVERLOADED LIVES

Enjoying God's Reign by Releasing Heavy Loads

### RESOLVING TO SLOW DOWN

Defusing the Effects of a Hurried Lifestyle

*(April 26th)*

### REBUILDING MARGINS INTO YOUR LIFE

Benefiting from Adding Margin into Your Life

*(May 3rd)*

### REFILLING YOUR EMOTIONAL RESERVIOR

Writing Biblical Prescriptions for Depleted Emotional Resources

*(May 10th)*

### RENOUNCING LIES THAT KEEP YOU BUSY

Telling Yourself the Truth About Overdoing It

*(May 17th)*

### FLAG OF MY FATHER

A Memorial Day Message and Choir Cantata *(May 24th)*

### REFOCUSING YOUR LIFE

Discovering Pentecost's Purpose to Restoring Margins

*(May 31st)*

### REWORKING YOUR WORK

Making Your Work Work for You

*(June 7th)*

### REFUELING YOUR SOUL

Being Filled with the Fullness of Christ's Love and Power

*(June 14th)*

### RESPECTING YOUR BODY

Taking Good Care of God's Gift to You

*(June 21st)*

## REFUELING YOUR SOUL

Being Filled with the Fullness of Christ's  
Life and Power

June 14, 2009

SW307

### INTRODUCTION

Ephesians 3:19 (NLT)

May you experience the love of Christ, though it is so great you will never fully understand it. Then you will **be filled with the fullness of life and power that comes from God.**

### I. WHY DO YOU NEED TO REFUEL YOUR SOUL ON A DAILY BASIS?

A. You Have a \_\_\_\_\_

Jeremiah 6:16

Stand at the crossroads and look; ask for the ancient paths, **ask where the good way is, and walk in it, and you will find rest for your souls.**

B. You Have a \_\_\_\_\_ That Needs to Be Filled

Matthew 16:26 (NLT)

And how do you benefit if you gain the whole world but lose your own soul in the process? **Is anything worth more than your soul?**

C. You \_\_\_\_\_ Whenever You Refuel Your Soul

2 Corinthians 4:16-18

Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an **eternal glory that far outweighs them all**. So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but **what is unseen is eternal**.

## II. HOW TO REFUEL YOUR SOUL EVERY DAY

A. \_\_\_\_\_

Job 37:14 (The Message)

...are you listening? Have you noticed all this? **Stop in your tracks!**  
Take in God's miracle-wonders!

B. \_\_\_\_\_

Psalm 23:2-3

He leads me beside **quiet** waters, He **restores my soul**...

In Your Bible:  
I Kings 19:11-12  
(Page 351 in the Pew Bible)

C. \_\_\_\_\_

Hebrews 10:22

...let us draw near to God with a sincere heart in full assurance of faith...

## III. TO MAKE THIS CONNECTION, YOU NEED FOUR THINGS

A. \_\_\_\_\_

WHO WILL I GO TO IN ORDER TO MAKE THE CONNECTION?

John 14:6-7

I am the way and the truth and the life. **No one comes to the Father except through me.** 7 If you really knew me, you would know my Father as well.

B. \_\_\_\_\_

WHEN WILL I MAKE THE CONNECTION?

C. \_\_\_\_\_

WHERE WILL I MAKE THE CONNECTION?

D. \_\_\_\_\_

WHAT WILL I DO TO MAKE THE CONNECTION?

1 Timothy 4:5 (NLT)

For we know it is made holy by the **word of God** and **prayer**.

## CONCLUSION