

CONTEMPLATIVE	ACTIVE
Meditation	Teaching
Study	Obedience
Confession	Absolving
Fasting	Feasting
Solitude	Fellowship
Simplicity	Service
Silence	Speaking
Grieving	Celebrating

TOOLS FOR STUDY:

Prayerfully:

- 1) Have and use a good BIBLE that you can read and enjoy—perhaps a good Study Bible.

The NIV Study Bible...

- 2) Have and read good CHRISTIAN BOOKS that will enhance your Study of God's Word.

*Family Christian Bookstore in Palm Desert
www.ChristianBooks.com*

- 3) Have and use good ONLINE STUDY RESOURCES

*www.bible.crosswalk.com
www.Biblegateway.com*

- 4) Have and connect in good CHRISTIAN COMMUNITY

Bible Studies and Groups Here at Our Savior's...

HEAVENLY DISCIPLINES OF THE OPEN HEART STUDY AND OBEYING

Learning More Deeply and Living More Obediently

November 8, 2009

SW603

INTRODUCTION

2 Corinthians 3:17-18

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 18 And we, who with unveiled faces all reflect the Lord's glory, are **being transformed** into his likeness with ever-increasing glory, which comes from the Lord, who is the Spirit.

In Your Bible:

Romans 12:1-2

(Page 1123 in the Pew Bible)

Matthew 22:37

“Love the Lord your God with all your heart and with all your soul and **with all your mind...**”

Spiritual Disciplines:

Activities we do by the power of God's Spirit which enable us to become different on the inside so that the things we could not previously do for Christ we now can do.

I. THE HEAVENLY DISCIPLINE OF....STUDY

Donald Whitney

No spiritual discipline is more important than the intake of God's Word. Nothing can substitute for it. There is simply no healthy Christian life apart from a diet of the milk and meat of Scripture.

A. The _____ for Study

John 8:32

Then you will know the truth, and the truth will set you free.

B. The _____ of Study

Richard Foster

Study is a specific kind of experience in which, through careful attention, the mind is enabled to move in a certain direction.

1) _____

2) _____

3) _____

4) _____

C. The _____ to Study

John 17:7

Sanctify them by Your truth. **Your Word** is truth.

Psalm 119:9,11

How can a young man keep his way pure?...By guarding it according to **Your Word**. I have laid **Your Word** up in my heart, that I might not sin against You.

2 Timothy 3:16-17 (RSV)

All Scripture is inspired by God and profitable for teaching, for reproof, for correction, and for training in righteousness, 17 that the man of God may be complete, equipped for every good work.

D. The _____ of Study

Biblical Examples...

E. The _____ for Study

1 Timothy 4:5

For everything is made holy by the Word of God and **prayer**.

II. THE HEAVENLY DISCIPLINE OF...OBEYING

Luke 11:28

Blessed rather are those who hear the word of God and obey it.

James 1:22-25

Do not merely listen to the word, and so deceive yourselves. **Do what it says.** 23 Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror 24 and, after looking at himself, goes away and immediately forgets what he looks like. 25 But the man who looks intently into the perfect law that gives freedom, and **continues to do** this, not forgetting what he has heard, but **doing it** — he will be blessed in what he does.

John 14:23-24

If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him. 24 He who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me.

Luke 24:45

Then he **opened their minds** so they could understand the Scriptures.

CONCLUSION

For This Week:

Spend time this week prayerfully asking God to open your heart to be increasingly devoted in a new way to these Spiritual Disciplines of Study and Obedience and decide on specific steps you will take to exercise them more often in your life.